



The Falcon Voice



COX PTSA NEWSLETTER - FALL 2017 - VOLUME 25, ISSUE 1

Frank W. Cox High School PTSA

2425 Shorehaven Drive
Virginia Beach, VA 23454

coxptsa@gmail.com

Important Dates:

November 25th:
Screenagers
@ Cox HS,
6:00pm

November 14th:
PTSA Meeting
@ Cox Library
6:30-pm
All Welcome

December 5th:
PTSA Meeting
@ Cox Cafe
9:30am
All Welcome

2017 - 2018 PTSA OFFICERS:

President: **Missy Dixon**

VP Programs:
Shawn Holland

VP Membership:
Chad McGill

Treasurer: **Mandy McCall**

Volunteer Liaison:
Cindy Niblo

Secretary: **Julie Freeman**

PTSA PRESIDENT'S LETTER:

As we are now well into our first quarter of the 2017-2018 school year, I am thankful for all the support and assistance we have received from Cox families and friends. It has been a successful start with PTSA at Cox, and it is largely due to your kindness and care of our students, staff and school. We now have well over 650 memberships and have received over \$3000 in Falcon Funds. This is important to our PTSA and our school as all funds donated go right back into our school and our students. This is how we make a difference here at Cox High School.

We had an awesome start to the year as we kicked off "Falcon Fest" in a new way! Not only did the rising freshman get an introduction to their new school and staff, this year we also included our parents and families. We received great feedback as this helped students and families feel welcome here at Cox. Our goal is to embrace and encourage them to be involved here at Cox. We will continue to work towards this goal and we welcome any feedback you may have. You may email us from our website at: www.coxptsa.com.

Our PTSA is working hard to provide assistance to our school and students. One of the major programs we are sponsoring this year is "Screenagers". This is a movie we will show on October 25th which will show how screen time affects us, and our kids. It provides very good information that will prompt conversations between families. We are looking forward to this event and hope you will be able to attend. This will also be our 2nd Cox PTSA general meeting of the year. We will be serving concessions, (snacks and drinks), and will also have an additional membership drive.

Cox PTSA is looking forward to a successful year! Please help us to give back to our school and improve things for our students. Also, please contact us if you would like to be a part of our PTSA Board. We welcome new folks to our team and would love a chance to get to know you better.

Sincerely,
Missy Dixon
Cox PTSA President

Join us for a special screening of

SCREEN AGERS



GROWING UP IN THE DIGITAL AGE

BY: Cox High School PTSA
WHEN: October 25 6:00 PM
WHERE: 2425 Shorehaven Drive
TICKETS: \$0

screenagersmovie.com





MEMBERSHIP

Thanks to all of our members who have joined so far. During our September membership drive, we had over 650 members sign up. We still need 350 members to reach 1000 so please consider signing up using the form on the next page, at our next event, or on-line at:

<http://www.coxptsa.com/membership.html>

Your membership helps us advocate for educational programs, gets you connected to what is happening in our school, and provides a role model for your child to see you involved with their lives. Locally, your Cox HS PTSA membership helps support activities such as Homecoming, Reflections contest, Teacher/Bus Driver appreciation, Scholarships, and the drug and alcohol-free All-Night Grad party. Membership is only \$8 for the entire 2017-2018 school year. Please sign up today to help us reach 1000 members.

PTSA BOOK CLUB:

Are you interested in reading books that will help you become a better parent? A better teacher? A better leader? We have started a new book club within our PTSA group and Mrs. Faircloth has graciously offered to lead the charge. We are currently reading, "How To Raise An Adult", by Julie Lythcott-Haims. We are reading through the month of October and will meet the first part of November to discuss what we took away from it.

Please look on our website: www.coxptsa.com for the date we will meet and where to have an open and candid discussion on what our take-aways are. We will also plan another book to read and a future date to meet. All information will be up on our website. Please join us.

GUIDANCE DEPARTMENT

The Guidance Dept. has another video up on the website for 9th and 10th grade parents referring to a timeline for college and career planning. Please take the opportunity to check them out.

Guidance will be in 9th and 10th grade classes in October/November to do 4 year plans and interest inventories, and Major Clarity in preparation for registration for the 18-19 school year in November.



FRANK W. COX HIGH SCHOOL PTA
2017-2018 Virginia PTA Annual Membership Dues
\$8.00 All Inclusive Membership (National, State, Local)



PTSA USE:
 Cash _____
 Check _____
 CC _____

Please circle all that apply:

Name _____ E-mail Address _____ Parent Student Faculty Male

Name _____ E-mail Address _____ Parent Student Faculty Male

Name _____ E-mail Address _____ Parent Student Faculty Male

Name _____ E-mail Address _____ Parent Student Faculty Male

Name _____ E-mail Address _____ Parent Student Faculty Male

Name _____ E-mail Address _____ Parent Student Faculty Male

of PTSA Members _____
 x \$8.00 \$ _____ Annual Falcon Fund Program
 + Falcon Fund \$ _____ \$10 \$25 \$50 \$75 \$100 Other _____
 = Total Enclosed \$ _____ Falcon Fund brings programs and events to Cox HS
 _____ COX PTSA is a 501(c)(3) Non-Profit. Business Sponsorships available.

Any student who applies for a Cox PTSA Scholarship or enters the Reflections Arts Contest MUST be a member of the Cox PTSA.

About Cox PTSA:

Membership is open to Parents, Teachers, Students, and community members. Join to know what's happening at Cox HS, make an impact on school policy, and have a voice in determining the direction of education. EVERY STUDENT SHOULD JOIN. It is their opportunity to make a difference in THEIR future!

About Falcon Funds:

The Annual Falcon Funds Program is a program developed to assist in the financial obligations of The Cox PTSA. The PTSA does very few fund raising events and rather than asking for assistance throughout the year for monetary contributions we established this one-time contribution fund. Money from this fund is used for All Night Grad, Falcon Fest, scholarships, and faculty/staff appreciation events just to name a few. Please consider making a one-time contribution to the Falcon Funds Program and thank you for your contribution.

Volunteer:

Want to know what volunteer opportunities are available? There is work on events, items requested, and work from home that is sought through out the school year. Give us your e-mail below to be added to the request for volunteers e-mail list, no obligation to help out is involved.

E-mail Address _____

Return completed form to COX's main office.



ALL-NIGHT GRAD

Seniors, are you ready for graduation? Graduation is less than 9 months away and there is plenty to do before your big day. The Cox HS PTSA All-Night Grad committee is ready to help you celebrate graduation with a fun, safe, drug and alcohol-free party all night long on the Spirit of Norfolk. At this party, we will provide transportation, a cruise up the Elizabeth River with all you can eat food and drinks, fun games and activities, and the ever popular amazing raffle prizes. Tickets will remain at \$70 this year and will go on sale in 2018 through May. Be sure to buy your tickets early and tell your friends about it.

Parents, we know your kids want to spend one last night together with their class. The All-Night Grad party provides that and takes away any worries you have of your child being out on the streets during one of the most dangerous nights of the year. Please encourage your child to make the decision to attend this drug and alcohol free event and keep them safe on the night of graduation. If you would like to help with the party, please email the co-chairs at chadhhmcgill@gmail.com or akresspa@gmail.com

PTSA FUNDRAISING

As many of you know, there will be no “Book Sale” This Year.

We are sorry to disappoint many of you who look forward to the annual Cox PTSA Book Sale. Although there will not be one this year, it is possible we will resume this popular community event next year. Please consider stepping up to chair this committee! Thank you to all who have donated, purchased, sold, and schlepped books in the past!

We have some exciting new fundraiser ideas that we are working on and could use your help. Please email our President, Missy Dixon, directly at: jdmissy.dixon@verizon.net, if you are interested in helping our committee with this.



HOMECOMING 2017: WHERE DREAMS COME TRUE

SCHEDULE OF EVENTS

Oct. 16- 17	Homecoming Court Voting
Oct. 16-20	Hallway Decorating Doorway Decorating
Oct. 16-27	Homecoming Dance tickets are sold
Oct. 23	Judges vote on hallways and doors
Oct. 27	SCA recognizes Cox alumni
Oct. 23-27	Spirit Games during lunches
Oct. 23-27	Spirit Week Days: 10/23 <u>Moana Monday</u> (tropical) 10/24 <u>Goofy Tuesday</u> (mismatch) 10/25 <u>Sleeping Beauty</u> (pjs) 10/26 <u>Mickey and Minnie</u> (duo day) 10/27 <u>Green and Gold</u>
Oct. 23-27	Float Building
Oct. 23	Bonfire
Oct. 27	Pep Rally
Oct. 28	Homecoming Dance
Oct. 30	Boo Bash